

Theme

BEING with Jesus

Memory Verse

"And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith..." Hebrews 12:2

Bible Verses

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith..." Hebrews 12:1-2

Big Idea

Why is BEING with Jesus important?

Dear Parents:

Today we learned the importance of being with Jesus. There is no time like now for kids to start to get introduced to the concept of spiritual disciplines. These disciplines will be practiced all throughout this 40 day challenge,

but specifically this week we want to focus on just BEING with Jesus. Later in our Challenge there will be many opportunities for kids to do more outwardly focused challenges, but we believe that Jesus teaches and models spending time with God the Father is what fuels the rest of his ministry.

So like Jesus, we want our kids to understand from the very beginning that our doing flows out of our being, because the strength that we are using is always Christ's strength and not by our own human attempts.

Talk to your child about the ways that you personally BE with Jesus. Use some of the ideas below to start some new habits as a family this week!

Challenge: ways your child can BE this week:

- Get a Bible that is appropriate for your age level. If you have a Bible already, put it on your nightstand and try to read a page or a section every day as a family before bed or on your own.
- Listen to worship music
- Celebrate and thank God for five things He has done for you. Plan a party to celebrate!

