FROM RED LETTER CHALLENGE

PERSONALITY TEST

The more we learn about ourselves, the better we can put the habits of Jesus into our lives and BE like Jesus.

One way to learn about yourself is to discover your personality type and who you are. You might have begun to notice that you are more like some people you know and different from others. This is natural and the way God made us. Personality differences make it easier for people to do different jobs and play different roles in life.

We can find out what will come easy for us and what may be more challenging. Understanding your personality helps you get along better with others. As you grow you will discover more about yourself, and also more about the many ways that God loves you!



EXTROVERT/INTROVERT

We can all be friendly or outgoing and other times quiet or reserved, but one may feel more comfortable for you.

- + My parents say I'm more high energy.
- * My parents say I'm more chill and relaxed.
- + I like doing things with others.
- * I like thinking first.
- * Meeting new people can be challenging for me.
- + Finding new friends is easy-peasy.
- + I'm really friendly.
- * I'm more private and keep things inside.
- * I like a quiet library to work in.
- + I learn best when we can talk as a group and learn together.
- * I like to listen to others talk.
- + I prefer to be the one talking.
- + I have tons of friends; you can never have too many friends.
- * I like only one or two people over to play.
- + On the playground I usually talk to others first, I like meeting new kids.
- * I look for people that I already know and hang out with them.
- * I'm usually shy and don't like to talk.
- + I'm a chatterbox!
- + I like being with a bunch of people.
- * I like being by myself usually.

YOUR EXTROVERT/INTROVERT RESULTS



Add up how many + and * you got: + _

(Most kids get a mix, it's ok if you are in the middle. That just means you are a little of both.)

If you had the most + you might get more energy through being around people. (Extrovert)

Some kids love to be surrounded by others, adults or kids...it doesn't matter! They get filled up and feel most alive when they are surrounded with action, clamor and people. They get to know people well and make new friends easily.

If you had more * you may get more energy through being alone. (Introvert)

Some kids like to be alone and only need to spend time with people they know really well. They get filled up by spending time in their own inner world of thoughts, ideas and feelings. They like to have their own space and don't need to share their thoughts and feelings with others.

INTUITION/SENSES

We all can have a great imagination and we all have times where we need to follow instructions. You may prefer one over the other.

- * I like to know exact instructions.
- + I would rather figure it out without rules.
- + I like projects where I can be creative in the way I do things.
- * I prefer doing activities that I already know what the steps are.
- + I enjoy watching shows about fantasy.
- * I enjoy shows about real facts and history.
- * I like to make or fix things like Lego sets and model cars.
- + I like to invent things and build with play dough, clay or art supplies.



* I like build-it-yourself projects where I can use my hands.

+ I like to try new designs.

+ When I play with friends, I like it when we play pretend.

* When I play with friends, I like to play games with rules like board games or video games.

* I notice facts when I read books.

- + I remember ideas better than facts in books.
- + I like to try new and different ideas when I decorate my room.
- * I like to do things I have done before and keep my room the same.

YOUR INTUITION/SENSES RESULTS

Add up how many + and * you got: * _____ + _____

(Most kids get a mix, it's ok if you are in the middle. That just means you are a little of both.)

If you had the most * you may learn easier with your senses. (Sensing)

Some kids use their senses (seeing, smelling, tasting, touching and hearing) to learn about their world. They remember details and like instructions when they built. They are more interested in what is happening now than in the future, and they like to collect all the facts before starting an activity.

In week three of Study Scripture in the BEING Kids Challenge you learned about the Studying Scripture. If you scored more sensing you might find it easier to research and remember the Bible.

If you had more + you may learn easier with your intuition. (Intuition)

Some kids enjoy using their own inspiration and like to gather all different ideas. They don't mind changing things up from the way it used to be. These kids like to dream about the future and imagine all the possibilities. They are better at imagining a new way to think about things than memorizing the facts and reality.

In week three of Study Scripture in the BEING Kids Challenge you learned about the Studying Scripture. If you scored more intuition you may find it easier to read (understand or interpret) and reflect on the Bible.



THINKING/FEELING

We all use facts and feelings, but one is normally easier for us than the other.

- + Smart people are interesting to me.
- * I prefer being around people who are caring.
- + I am very comfortable talking when I can share facts.
- * I really enjoy talking about how something makes me feel.
- + I trust my teachers who really seem to know so much about their subject.
- * I want a teacher who is kind and loving.
- * When I grow up, I want to help people.
- + When I grow up, I want to solve problems for others.
- + I'll do the right thing even when it's hard.
- * I prefer to keep everyone happy not matter what.
- * On the playground the most important thing is to make friends.
- + On the playground the most important thing is to win the game.
- + I like to study rules before I participate.
- * I like to pay attention to people and watch what they are doing.
- * In an argument I try to keep people's feelings from being hurt.
- + Sin an argument I'll say what I think is right.
- + I am more comfortable thinking.
- * I am more comfortable feeling.
- + In games it is most important to be fair.
- * In games it is most important to be kind.



YOUR THINKING/FEELING RESULTS

Add up how many + and * you got: * _____ + ____

(Most kids get a mix, it's ok if you are in the middle. That just means you are a little of both.)

If you had the most + you may use more logic to make decisions. (Thinking)

Some kids like to spend a lot of time thinking through their decisions. They like to know what the rules are and could probably tell you what is allowed and what is not. These kids like to compete and want to beat others. They want fairness and hate cheating, and they look up to others who are bright and problem solvers.

If you had more * you may use more feelings to make decisions. (Feeling)

Some kids use their feelings and sense of right and wrong to make decisions. Other people's happiness is very important to them and they hate to let people down. How their actions affect the outside world is very important to them. It is important that people are kind to animals, take care of the earth, and are sensitive to people's feelings. They look up to others who are outgoing and sociable.

PERCEIVING/JUDGING

- + I keep my room super organized.
- * My room is usually messy and cluttered.
- * I love it when my friends surprise me.
- + I'd rather know what's happening.
- + I enjoy finishing projects; it feels so good to finish something.
- * I don't always finish projects, I usually working on the next thing.
- * My life motto is: play first, work later.
- + My life motto is: get the work done first



- + When we go to the pool, I like to read follow the rules.
- * When we go to the pool, I get so wrapped up in playing I ignore the rules.
- + On vacations I like it when we plan ahead.
- * On vacations I want just go without a plan and play it by ear!
- * When we go shopping, I have trouble decided what to pick out.
- + When we go shopping, I know what I want quickly.
- + On my school break I like plans and timetables.
- * On my school break I do things when I want, no schedules!
- * Usually I'm running late and not always ready for school.
- + I get things done on time and I am always ready when the bus comes to get me.

YOUR PERCEIVING/JUDGING RESULTS

Add up how many + and * you got: * _____ + _____

(Most kids get a mix, it's ok if you are in the middle. That just means you are a little of both.)

If you had the most + you may be more ordered (Judging).

Some kids are naturally structured. They like a plan and don't like it when things have to get switched up last minute. They like a plan and don't like it when things have to get switched up last minute. They like to sort their books keep their toys in order. They feel better if they can be on time or even early.

If you had more * you may be more free and spur-of-the-moment (Perceiving).

Some kids are naturally more go-with-the-flow and laid back. They can change their plans last minute and not be bothered by it. They love to have lots of options when deciding something but sometimes they can't just pick just one. They love surprise parties and like exploring and having new adventures.

FINAL SCORES



Write in the letter that you scored more of in each section.

Extrovert or Introvert (E or I)	Intuition or Sensing (N or S)	Thinking or Feeling (T or F)	Perceiving or Judging (P or J)

Find your combination below. Does any of it describe your personality?

Why or why not?

ISTJ	ISFJ	INFJ	INTJ
- Helping cook	Playing music	Organized	Sees a job through to
- collecting rocks, cards	Helping others	Likes to make	the end
- Fixing things	Crafts or sports	decisions and good at	Able to notice
-loyal and traditional	likes to create order	vision	patterns
-sorting things	have a harmonious	Wants to understand	Can be skeptical and
 practicing skills 	home life	motives	independent
- like facts and details	Loyal,	Seeks meaning and	High standards for
- like quiet and order	considerate,	connection in ideas,	themselves
when		relationships and	Makes up their own
they learn		material possessions	mind and has a great
			imagination
ISTP	ISFP	INFP	INTP
Quiet and flexible	- Kind, sensitive,	- Reflective,	- quiet, imaginative,
like to analyze	friendly	imaginative,	logical
situations first	 enjoy the present 	daydreaming	- flexible and
- notices cause and	moment	- curious, quick to see	adaptable
effect	- like to have their	possibilities,	- can concentrate on
- don't like a lot of rules	own space and time	 understand people 	something like
need time alone	- Dislike	and help them fulfill	computer games or
- like to do rather than	disagreements and	potential	chess for a long time
listen or read	conflict	- likes diaries, poetry,	- skeptical,
- imagining might be	- may like Legos or	and music/singing	-sometimes critical
difficult	mechanical things	- art and nature	-always analytical
need quiet for	- loyal and energetic	Like reading about	
concentrating	performers	people and imaginary	
		places	



ESFP	ENFP	ENTP	ESTP
- outgoing	-enthusiastic,	 bored by routine 	Learn best through
- friendly	imaginative	- energetic	doing
- accepting	- life is full of	- outspoken	- flexible, tolerant
- care about others	possibilities	Likes debating and	- energetic
- acting, playing music,	- spontaneous	discussing ideas	 enjoy being active
comedy, magic tricks,	-flexible	- resourceful in	with others
jokes	 likes affirmation 	solving new problems	- logical
 enjoy working with 	from others,	Good at reading	- spontaneous
others	- can improvise and	people	- like to read books
- adapt to new people	makes connections	Quick, stimulating,	on how things work,
	between patterns and	alert	action or realistic
	events quickly		adventures
ESFJ	ENFJ	ENTJ	ESTJ
- warmhearted	- social	- talkative and honest	- outspoken
- conscientious	- warm, empathetic	-organized	- practical and
- cooperative	- responsible and	Can ask a lot of	organized
- want harmony	responsive	questions and can	Like to help others
- likes to work with	- like to organize and	argue their point of	- likes sports
others to complete task	finish things	view	- may like collecting
accurately	- enjoy creative	Confident and like	things
- can pick up on what	writing	problem-solving	- like to learn through
others need	- loyal and responsive	- usually well-	experience
- good memory for	to praise and criticism	informed and well-	- need order
facts	- find potential in	read	-like reading books on
 likes sports and 	everyone	Like long-term	real life and facts
athletics	- Being with nature	planning	-Have a good
- playing an instrument,	and people	Like to solve complex	memory
drama or dancing		problems	

Written by ALLISON ZEHNDER

MBTI® Basics. The Myers & Briggs Foundation <u>https://www.myersbriggs.org/home.htm?bhcp=1</u> 2020